Content Outlines

Foundations of Nursing (NACE I)

*Foundations of Nursing* has individual questions involving clients who have common health problems. The nursing process – assessing, analyzing, planning, implementing and evaluating – is applied in items throughout the test. The Questions include a sample of situations involving clients in health care settings with one or more of the following conditions.

Pain  
Fluid and electrolyte imbalance  
Incontinence  
Infectious disease  
Loss of consciousness  
Chronic illness  
Death and dying  
Preoperative care  
Postoperative care  
Stress

The Content areas are divided into the following general headings:

Basic Health Needs

Physiologic Needs

- Hygiene
- Comfort
- Safety
- Body Alignment
- Exercise and ambulation
- Rest and sleep
- Nutrition
- Elimination
- Respiration and circulation
- Fluids and electrolyte balance
- Growth and development

Psychosocial

- Sexuality
- Spiritual preference, cultural
- Self-esteem
- Belonging
- Stimulation
- Loss and death
- Self-actualization
- Security
- Defense mechanisms
- Growth and development

Communication

- Documentation
- Verbal Communication
- Non-Verbal Communication

General Principles of Medication Administration

Moral/Ethical/Legal Issues